

## partners / ERMAT



### ROMANIA - COORDINATOR

**Centrul IT pentru Stiinta si Tehnologie** - [www.citst.ro](http://www.citst.ro)

CITST is a research oriented company which aims to turn innovative technologies developed within transnational collaborations into useful products and services. Since 2012, CITST is active in the field of Active and Assistive Living.



### GREECE

**Aristotle University of Thessaloniki - AUTH**

The ASsistiveTechnOlogies and Silver Science Group within the Lab of Medical Physics of Aristotle University of Thessaloniki (AUTH) has received major research and development focus in the field of Active and Healthy Aging as well as technologies for Assisted Living.



### ROMANIA

**Asociația A.D.I.V (ADIV)** - [www.adivromania.ro](http://www.adivromania.ro)

A.D.I.V. is a professional association of managers / directors of institutions for the elderly. Its main goal is the development of a representative and active professional community. A.D.I.V. is a member and represents Romania in The European Ageing Network (E.A.N.).



### SPAIN

**Gestió Socio sanitària al Mediterrani** - [www.gesmed.es](http://www.gesmed.es)

GESMED is a private care service provider with 20 years of experience in managing public services such as home care, residential care facilities, day-care centres and municipal leisure services.



### CROATIA

**Hrvatska udruga radnih terapeuta (HURT)**

H.U.R.T. is a national, professional association which promotes interests of Occupational Therapists, ethics in Occupational Therapy profession and quality of occupational therapy services in the Republic of Croatia.

Association was established in 2001 and now gathers 223 members.



### GERMANY

**Westfälische Hochschule Gelsenkirchen, Bocholt, Recklinghausen (IAT)**

The Institute for Work and Technology (IAT) is a research organization of the University of Applied Sciences Gelsenkirchen Bocholt Recklinghausen in co-operation with the Ruhr University Bochum. IAT aims at applicable knowledge and tools for enhancing social welfare and economic performance. IAT furthermore focuses on development, piloting and diffusion of innovative and sustainable solutions.



### SLOVENIA

**Zavod IZRIIS (IZRIIS)**

IZRIIS Institute is a private scientific and expert Institute, active on national and international level to cover EU health issues as partner of international programs. Personnel pursues interdisciplinary work in the fields of psychology, sociology, medical and environmental sciences, supported by research, education and business.

**web**  
[www.citst.ro/projects/ermat](http://www.citst.ro/projects/ermat)

**Facebook** /ermatproject  
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**ERMAT**<sup>obility</sup>

Development  
of a **Training  
Program for the  
Improvement  
of Quality of Life  
of Elder Persons  
with Reduced  
Mobility** through  
the Exploitation  
of Assistive  
Technologies

# outputs

## Co-created Methodological Guide (IO1)

A guide outlining the methodologies and tools needed for improving the competences of Elderly Persons illustrated with possible Assistive Technologies

## Training materials (IO2)

Addressed to elderly persons and to caregivers, both informal and professionals, such that they acquire and extend their knowledge about the potential implementation of Assistive Technologies addressing daily life routines.

## Designed Practical Training Activities (IO3)

These will support trainers in designing Training Activities and defining guidelines for their implementation. The design will include Face-to-Face and Online Sessions and will be implemented with the common of the target users.

## E-Training Platform (IO4)

Will be a meeting point for all participants and will make Training Materials and Experiential Training Activities developed within the project accessible to everyone, thus increasing the impact of the ERMAT project.

# specific objectives

- Create awareness and trust about the importance and possibilities of using Assistive Technologies for increasing autonomy and improving community participation.
- Create digital and technological skills, which allow elderly and caregivers to properly exploit Assistive Technologies.
- Promote sense of self-care and care supported by Assistive Technologies.
- Create an e-learning environment that facilitates access to Training Materials of a large number of target users (elderly with reduced mobility, informal and formal caregivers).



# about the Project

Assistive Technologies offer resources in terms of products and services that can support Persons with Reduced Mobility in improving their autonomy and independence. ERMAT is launched with the main objective of increasing the competences (attitudes, knowledge, skills) of elderly persons with reduced mobility, informal caregivers and professionals about Assistive Technologies. Reducing acceptance barriers and improving the Quality of Life are among the ERMAT target results.

